

## RESIDENCY PROGRAM HIGHLIGHT Family Practice and Manipulative Treatment Residency

### From The Program Director

#### Douglas B. Grisier, D.O.

The Osteopathic Family Practice and Manipulative Treatment Residency training at Millcreek Community Hospital is designed to provide the Osteopathic Physician with advanced and concentrated training in the specialty of Osteopathic Family Practice. The program is designed to meet the needs of the Osteopathic Medical School Graduate desiring to be certified in Osteopathic Family Medicine and Manipulative Treatment. The Osteopathic concept of health care emphasizes that the human body is a unit in which structure and function are mutually and reciprocally interdependent; that the body, through a complex equilibrium system, tends to be self-regulatory and self healing; that adequate function of body systems depends upon the unimpeded flow of blood and nerve impulses; that the musculoskeletal elements comprise a body system, whose importance far exceeds that of providing framework support; and that there are somatic components of disease that are not only manifestations of, but are also important contributing and/or maintaining factors in the diseased area as well as areas distant from the diseased part. Disease prevention is the cornerstone of Osteopathic Family Practice and is given major emphasis throughout the curriculum.



Upon the successful completion of the Family Practice and Manipulative Treatment Residency at Millcreek Community Hospital, the Physician will be prepared to provide comprehensive Osteopathic health care to diverse populations. The mission of the MCH Residency is to provide the Osteopathic Family Practice Resident with properly organized training programs that provide progressive primary responsibility for patient care in a family environment through continuity of didactic and clinical experiences. The training in the application of Osteopathic principles and practice is an integral part of the program.

The Family Medicine and Manipulative Treatment Residency Program at Millcreek Community Hospital was the first post-Internship Program created at the hospital. Over the last twenty-five years, the program has successfully graduated dozens of competent Osteopathic Family Physicians practicing throughout the Northeastern United States and elsewhere. Many of our graduates are now participating in the training of local students and Residents.

All applicants to the MCH FP Program must:

1. Be a graduate of an AOA-accredited College of Osteopathic Medicine
2. Have passed Complex II, including the clinical skills portion of this exam
3. Be or become a member of the AOA and ACOFP. These memberships must be maintained throughout the Residency training.
4. Be appropriately licensed in the State of Pennsylvania

**To apply to the Family Practice Track Internship for the 2008/2009 Training Year, you must apply through ERAS: [www.aamc.org/audienceceras.htm](http://www.aamc.org/audienceceras.htm)**

## Inside This Issue

### Residency Program Highlight

**Chief FP Resident,  
Sarah Breon, D.O.**

### Call for Poster Presentations

#### Medical Education

##### Updates:

- Tuesday, November 13th**  
5:30pm, Intern Meeting  
With Dr. John Kalata
- 
- Wednesday, November 14th**  
5:30pm, Peppino's  
FP Journal Club
- 
- Wednesday, November 14th**  
6:00pm, Ed. Ctr.  
Podiatry Complications
- 
- Thursday November 15th**  
Psychiatry Grand Rounds  
8am to 9am, Ed. Ctr.  
Ryan Finkenbine, M.D.  
"Informed Consent in the Treatment of Psychosis"
- 
- Thursday, November 15th**  
5:00pm, 1st Flr. Conf. Rm.  
FP Residency Dinner Mtg.
- 
- Wednesday, November 28th**  
11:30am, Ed. Ctr.  
OMM Lecture
- 
- Thursday, November 29th**  
8am, 1st Flr. Conf. Rm.  
FP In-Service Exam

## **Family Practice and Manipulative Treatment Residency, continued**

### *Continuity of Care Clinics*

The Residency Program operates two Family Medicine Clinics for the training of our Residents, each with its own on-site Specialty Clinics for the further enhancement of the continuity learning experience. Each center is supervised by a board-certified Osteopathic Family Physician. The outpatient experience includes longitudinal care of approximately four hundred patients per Resident by the time the Resident graduates. The Resident will gain outstanding experience in the outpatient management of chronic illnesses, preventive care, and child and adolescent medicine. The Resident shall work a minimum of three hundred and twelve half days in the continuity of care clinic with one half day during OGME-1, progressing to three half days during OGME-2, and four half days during the final year of Residency Training. The Resident will be assigned a panel of patients from the beginning of their Resident Training and the patients will remain with the Resident for three full years.

- **Plaza 18 Medical Center, 537 West 18th Street.** This state-of-the-art facility was completely renovated in 2005 and offers eighteen exam rooms, video surveillance capability, classrooms and a Resident office with internet access. Specialty Clinics on site include Dermatology, Ophthalmology, Podiatry and Internal Medicine.
- **Eastside Medical Center, 2625 Parade Street.** This two-story facility was renovated in 2000 and has served as a neighborhood Family Medicine Center for twenty five years. It has a well established Residency Training patient base with Specialty Clinics on site in OB/GYN, Neurology, Orthopedics, and Podiatry.

### *Hospital Rotation Curriculum*

The Residency Program closely follows the American College of Osteopathic Family Practice (ACOFP) Basic Standards for the training of Residents. The minimum didactic rotations are as follows based on a thirty six month training program:

Emergency Medicine	3 months
Internal Medicine	6 months (one month ICU)
Obstetrics/Gynecology	4 months
Pediatrics	4.5 months
Surgery	5 months
Electives	5 months (recommended Neurology, Ophthalmology, Orthopedics, ENT, Radiology, Nephrology, ID)

Core training sites are at Millcreek Community Hospital and the Erie Veterans Affairs Medical Center. Additional assigned rotations to round out the Family Medicine experience include Geriatrics, Dermatology, Rehabilitation Medicine and Psychiatry. The hospital values the participation of its Residents in hospital committee and departmental meetings. Such participation matures the Residents for active participation after graduation. The hospital's daily education program beginning with morning report is to be attended by all Residents, along with journal club and noonday lectures. The Resident will sit for three in-service exams as well as the certification boards held during the last six months of Residency Training. A scholarly activity involving research must be completed prior to graduation. The Residents are required to complete the requirements of the Masters of Science in Medical Education Program and to successfully attain the MS (Medical Education) Degree from the Lake Erie College of Osteopathic Medicine.

## **From Chief Family Practice Resident, Sarah Breon, D.O.**



I consider it a privilege to be named Chief Resident. I was not sure at first that I was going to be able to take on the role, but the other Residents and Interns in the program have made it easy for me. The program itself has provided me with a great learning experience and the continuity of care seen in the clinics as a second and third year Resident is amazing. I hope the program continues to grow and provide a strong background to Physicians wanting to practice Family Medicine.

Dr. Breon can be emailed at: [sbreon@mchl.org](mailto:sbreon@mchl.org).

### ***Call for Poster Presentations***

#### **Abstract Deadline - February 15, 2008**

**The American College of Osteopathic Family Physicians (ACOFP) and its Osteopathic Clinical Research Committee, are asking Colleges of Osteopathic Medicine, Students, Family Practice Residents and Faculty Members to participate in the Scientific Poster Presentations during the ACOFP 45th Annual Convention & Exhibition on March 12-16, 2008, at the Hyatt Regency, Denver Colorado Convention Center in Denver, Colorado. The prizes for Original Research Posters for Students and Residents will be 1st place (\$500); 2nd place (\$250) and 3rd place (\$100) each. There will be a second category of Case Reports in which one award will be presented for \$100.**



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