

RESIDENCY PROGRAM HIGHLIGHT

Neuromusculoskeletal Medicine/OMM Plus One Residency

From The Program Director

John Balmer, D.O. FP/OMM, SCPOMM



The NMM/OMM Plus One Residency at Lake Erie College of Osteopathic Medicine takes a unique approach to educating its residents. Instead of established rotations the residents fulfill their required specialty and subspecialty contact through a heavy emphasis on inpatient and outpatient consultation. The program allows more time to spend on continuity of care with both in and outpatients. This enables the resident to trace a treatment path along the entire year for a large number of patients. The one year program really becomes a preparation for starting your own practice in this way. Time is also set aside for following your patients in different settings to continue with their care, ie. surgery, endoscopy, radiology, rehab. The resident's new role as an NMM specialist is integrated into their prior residency training throughout the year.

NMM/OMM Inpatient Consultant

Acting as an inpatient consultant on medical, surgical, obstetric, pediatric, psychiatric, and geriatric patients, the resident is exposed to a large variety of patient illnesses and types. The exposure here includes ICU consults giving the resident confidence and maturity in already developed OMM skills in a challenging setting. Preoperative and postoperative manipulation is emphasized on our surgical patients. Our obstetricians have made NMM/OMM consultation standard on all delivering mothers and infants. The Millcreek Community Hospital's psychiatry residency enables our residents to apply OPP diagnostics and treatments to a very in-need population. Additionally, inpatient exposure includes a consultation service to the Millcreek Manor, a nursing home connected to Millcreek Community Hospital. Here residents are exposed to an elderly population and can build skills specific to diagnosis and treatment of the aged.

NMM/OMM Outpatient Specialist

The primary outpatient clinic site is Spartansburg Medical Center. This rural/underserved clinic sees a veritable cornucopia of patients. Everything from sniffles, preventive exams, lacerations, and pain management cases are seen at this center. The variety of the resident's exposure here could not be better. Our secondary clinic site is at the Plaza 38 Medical Center. Many of our Erie based, outpatient consultations are seen here. Follow-up from the inpatient setting occurs here. This site also boasts Millcreek Community Hospital's G.I. Fellowship. Other specialties at this site include Acupuncture, Orthopedics and PMNR.

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IM Resident's
Research

Sonja Schlaegel,
International Student

 Intern, Michael
Packard D.O.

Medical Education

Updates:

Wednesday, September 19th
6:00pm, First Floor Conf. Rm.

Podiatry Complications

Thursday, September 20th
5:00pm, 1st Floor Conf. Rm.
FP Residency Dinner Mtg.

Wednesday, September 26th
11:30am, Education Center
OMM Lecture

Wednesday, September 26th
1:00pm through 5:00pm
LECOM, Lec. Hall D
Hematology/Oncology Board,
Review : Step II & III, Dr. Nimit
Sudan/Meadville Med. Ctr.

Wednesday, October 10th
12noon, LECOM, Lec. Hall C

Update on Venous
Thromboembolism,
Franklin Michota, M.D.

Wednesday, October 17th
12noon, Education Center
IRB Certification

Millcreek Community Hospital's Internal Medicine Residents are Completing Research:

"Chronic PPI Therapy Associated Cognitive Decline" by Ron Barac, D.O.

"Does Tracking Patient Care by the Use of Standardized Flows Among Primary Physician's Offices Improve Patient's Access and Compliance With Recommended Preventive Care Measures" by Courtney Bunevich, D.O.

"Correlation Between Apical Heart Rates and Serum Digoxin Levels" by Garrett Clark, D.O. & Danielle Hansen, D.O.

"Effect of Standardized Curriculum for IM Rotation on Medical Students' Performance on Standardized Tests" by Danielle Hansen, D.O. & Dolan Wenner, D.O.

"Osteoporosis/OA/Rheumatology" by Jared Helms, D.O.

"Effect of Different Doses of IV Steroids on COPD" by Robert Nash, D.O.

"ONTARGET" by Dolan Wenner, D.O.



Spotlight on Intern,

Michael Packard, D.O.



Dr. Michael Packard and his wife Christine are natives of Fredericksburg, VA, where Dr. Packard attended Mary Washington College and received his Bachelor's Degree in Biology. Dr. Packard then attended Georgetown University where he received his Master's Degree in Physiology. Dr. & Mrs. Packard moved to Erie four years ago so that Dr. Packard could attend Lake Erie College of Osteopathic Medicine. Upon completion of his Internship, Dr. Packard will continue his training in the Diagnostic Radiology Residency at the University of Pittsburgh. **Dr. Packard will be running in the Towpath Marathon on Sunday, October 7th in Cleveland, Ohio. Please sponsor Dr. Packard with your donation to the "MCH Cares Fund". Donations can be dropped off at the MCH Medical Education Office.**



Residency Program Highlight Neuromusculoskeletal Medicine/OMM Plus One Residency, continued

Osteopathic Educator

The Neuromusculoskeletal Medicine residents are educators on all levels. On Wednesdays residents teach OPP to the MSI and MSII's at LECOM. This includes lab table training, preparing and presenting lectures, preparing and presenting labs, writing board style test questions and administering practical examinations to the MSI and MSII's. The OPP faculty at LECOM is a great resource for our residents to develop their lecture style and effective communication skills to an audience, large or small. The resident education skills are also honed in the hospital. OMM rounds are presented at Millcreek Community Hospital every Thursday. MSIII, MSIV, Interns and Residents attend. Here our residents review patient cases and discuss the optimum and most efficient ways of delivering OMM to them. After brief discussions those attending are taken to patients on the floors for direct one-on-one training and refining of skills. This prepares students and house staff to perform OMM on their own patients under the direction of the NMM/OMM resident.

Osteopathic Researcher

The research component is through LECOM. The research center at LECOM and Ridgeway Medical Center is in use for multiple experiments associated with the Medical and Pharmacy College. There are multiple faculty members willing and able to assist a resident through the rigors of medical research. The NMM resident has the opportunity to participate in current research or engineer their own research projects.

Cooperative Discussion

The education of our residents does not stop in these clinical situations. We have journal club twice per month. Here we discuss various topics surrounding Osteopathic Medicine. This may include a study from a journal, educating/researching techniques, and the state of Osteopathy and its place in American medicine and international relations. These sessions are the perfect opportunity to bounce new ideas off of the OPP faculty.

For more information, please contact Dr. Balmer at the Spartansburg Medical Center at: 814/654-7334 or email Resident, Christopher Poggi, D.O. at:

cpoggi@mch1.org



NMM/OMM Plus One Resident

MCH Welcomes Sonja Schlaegel



Sonja is rotating at MCH through the

months of September and October, 2007. Sonja is a LECOM International Medical Student from RWTH Aachen University in Aachen, Germany. She is currently rotating for four weeks in IM under the direction of Dr. John Ferretti. She will rotate for two weeks in OB/GYN under Dr. Paula Gunduz and in Emergency Medicine under Dr. Paul Kohut for her last two weeks at MCH. Sonja is enjoying her rotation in IM. She feels that the Attending's at MCH dedicate a great deal of time teaching the medical students. Sonja appreciates this and feels that this will be very beneficial to her when she returns to Germany.

Graduate Medical Education/Library Committee Members

- John M. Ferretti, D.O.
- Mary L. Eckert
- Deborah Lee-Sanko
- Frank M. Tursi, D.O.
- John J. Kalata, D.O.
- Dennis Agostini, D.O.
- John Balmer, D.O.
- Dennis Borczon, M.D.
- Michael Bradbury, Ph.D.
- Carlo DiMarco, D.O.
- Vincent Fierro, D.O.
- Douglas Grisier, D.O.
- Steven Habusta, D.O.
- Harry Haus, D.O.
- Goffredo Ianiro, D.P.M.
- Kirk Steehler, D.O.
- Danielle Hansen, D.O.
- Pam Mayberry
- Julia Ferraro
- Marilyn Tracy